

sublime Juice Houseblends

.....mostly ORGANIC

	8 oz	12 oz
o Wake-Up Call carrot, apple, ginger	\$3.25	\$4.25
o Inner Glow carrot, apple, beet, ginger	\$3.25	\$4.25
o Root Crew carrot, celery, beet	\$3.25	\$4.25
o Angel's Realm fuji apple, red cabbage, parsnip, lavender	\$3.25	\$4.25
o Forever Fields wheatgrass, OJ or apple juice, strawberries	\$4.75	\$5.75
o Granny's Refresher granny smith apple, parsley*, spearmint, lime	\$4.25	\$5.25
o Beauty Lift carrot, apple, spinach*, parsley*	\$4.50	\$5.50
o Green Goddess carrot, apple, celery, cucumber*, spinach*	\$4.50	\$5.50
o Superfood Supreme carrot, apple, beet, wheatgrass, parsley*	\$5.00	\$6.25

sublime Juice....a la carte

	8 oz	12 oz
<i>ORGANIC</i> fresh squeezed OR juiced:	\$3.00	\$4.00
o orange		
o apple		
o carrot		
o carrot and/ or apple PLUS: beet/ red cabbage/ celery/ cucumber/ garlic/ ginger/ lemon	25¢ Each	Up to 3 for
kale/ spinach/ parsley	75¢ Each	Up to 3 for

sublime Shots ...all ORGANIC

o wheatgrass	\$2.25/ oz
o granny apple ginger	\$1.50/ 2 oz

*DENOTES ITEMS THAT ARE
MORE FOR ORGANIC

ADD

8 oz
50¢

12 oz
75¢

sublime **Yummies**

.....*mostly ORGANIC*

- o **organic yogurt (plain or vanilla)
& granola** **\$2.75**
- o **yogurt & fruit** **\$3.00**
- o **yogurt, fruit, & granola** **\$3.25**
- o **cookies, bars, brownies, trail mix, & more** **varies**

alkalized, oxygenated **Water**
...a natural antioxidant

only **50¢/ 20**
we fill your b
\$2/ we fill yc

sublime **Smoothies**

.....*mostly ORGANIC*

- | | 12 oz | 16 oz |
|---|---------------|---------------|
| o Rose Realization
yogurt, peaches, raspberries, rosewater,
agave nectar | \$4.00 | \$5.00 |
| o Sing the Blues
blue, rasp, and/ or acai berries, fresh mint,
white grape juice | \$4.00 | \$5.00 |
| o Soul Sister
peach, banana, vanilla, cinnamon, cardamom,
apple juice | \$4.00 | \$5.00 |
| o Sweet Sunrise
orange juice, raspberries, agave nectar,
with or without yogurt | \$4.00 | \$5.00 |
| o Blue Moon
almond milk, blueberries, banana, hint of agave | \$4.00 | \$5.00 |
| o Serene Green
banana, apple, celery, kale, parsley (opt: Add OJ) | \$4.00 | \$5.00 |
| o Synthesis Smoothie
almond or rice milk, banana, almond butter, | \$4.00 | \$5.00 |

- granola, yogurt, protein powder
- o **Sublime Superfood** **\$5.50** **\$6.50**
 almond milk, banana, almond butter, pumpkin seeds, goji berries, cacao beans, ground flax seed, vanilla whey protein or hemp protein

sublime **Smoothie Combos**

.....*mostly ORGANIC*

- o **Choose up to two bases:** 12 oz 16 oz
\$4.25 **\$5.25**
 almond milk, rice dream, yogurt, apple juice, orange juice or white grape juice
- o **Choose up to two fruits:**
 apple, banana, blueberries, peaches, raspberries, or strawberries
- o **Make it truly Sublime!**
 ADD almond butter, goji berries, acai berries, vanilla designer whey protein or dark chocolate **for 1 ADD 50¢**
for 2 ADD 75¢

sublime **Boosts**

Banana/ Bee Pollen/ Dark Chocolate/ Cacao Beans/ Dates/ Vanilla Designer Whey Protein/ Flax Seed & Oil/ Granola/ Lecithin/ Soy Protein Powder/ Raw Almonds

sublime **Super Boosts**

Chlorella/ Spirulina/ Hemp Protein **\$1**

organic, fresh roasted **Coffee** 12 oz 16 oz
\$1.25 **\$1.75**
by Shenandoah Joe's

sublime **Shakes**

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Choose:

ORGANIC ice cream OR non-dairy rice dream

	12 oz	16 oz
o Rainforest Redemption almond milk, banana, chocolate chips, cacao nibs, cashews, frozen ice cream or rice dream	\$4.00	\$5.00
o Sweet Ganesh rice milk, chai masala with cardamom & cinnamon, dates, frozen ice cream or rice dream	\$4.00	\$5.00
o Berried Bliss rice milk, strawberries, acai berries, dark choc chips, frozen ice cream or rice dream	\$4.00	\$5.00
o Dreamsicle orange juice, banana, frozen ice cream or rice dream	\$3.75	\$4.75

cacao Coffee Shakes

.....mostly ORGANIC

Choose:

ORGANIC ice cream OR non-dairy rice dream

	12 oz	16 oz
o Java organic coffee & frozen ice cream OR rice dream	\$3.75	\$4.50
o Mocha ADD dark chocolate	\$4.00	\$4.75
o Vanilla ADD vanilla	\$4.00	\$4.75
o High Antioxidant ADD blueberries, goji berries, cacao nibs	\$4.50	\$5.50

organic, locally crafted Teas

by NewMoon Naturals

Chakra Teas

	12 oz	16 oz
o Crown	\$2.00	\$2.50
o 3rd Eye		
o Throat		
o Heart		
o Solar Plexus		
o Sacral		

- o **Root**
- o **Morning After Blues**
- o **Beautiful Skin**
- o **Vita C-----Antioxidant**
- o **Peppermint**
- o **Chamomile**

Tulsi Teas

by **Organic India**

- o **Ginger Tulsi**
- o **Green Tulsi**

12 oz	16 oz
\$1.75	\$2.25

Chai Teas

- o **Chai Tulsi**
- o **Green Chai**

12 oz	16 oz
\$1.75	\$2.25
\$2.50	\$3.00

16 oz
\$5.00

\$5.00

\$5.00

\$5.00

\$6.50

\$6.00

\$6.25

\$6.25

\$7.00

16 oz
\$4.50

· **50¢**

· **\$1**

16 oz
\$1

1 oz or
bottle
our gallon

20 oz
\$5.75

\$5.75

\$5.75

\$5.75

\$5.75

\$5.75

\$5.75

\$7.25

20 oz
\$6.50

50¢

20 oz
\$2.25

20 oz
\$5.75

\$5.75

\$5.75

\$5.75

20 oz
\$5.00

\$5.25

\$5.25

\$6.00

